**COMPLEX TRAUMA, SOMATOFORM DISSOCIATION AND ENERGETICS THERAPY**

**Summary**

Mental health professionals find it very challenging to provide counselling and therapy when confronted with disclosures of ritual, satanic and extreme abuse. Psychometric and muscle testing can facilitate diagnosis and healing in this context. The poster explains how somatoform dissociations are usually tell-tale indications of abuse and neglect trauma in early childhood and how ‘Energetics’ therapy facilitates healing.

**Introduction**

In a chilling ‘Child Smuggling’ operation of an Organised Ritualised Crime Abuse Network (ORCAN) a young mother was set up by compromised authority representatives to lose custody of her toddler. Police officers coerced her into delaying for several weeks any report of a sexual assault against her or her boy. In the light of a string of unexplained deaths and the disappearance of two new born babies the mother was programmed to believe that going up in court against the dangerous family member would be ‘too dangerous’ and went along with the manipulation that an undercover police operation would jail the family member not just for a few years but for ‘life’. After this ‘programming’ three further unexplained deaths occurred that were swiftly followed by a stalking, defamation and harassment campaign. A day time assault of the toddler was carried out accompanied by disclosures and threats. When the mother tried to report the assault some weeks later authority representatives claimed she was ‘delusional’ and engineered a ‘Forced Adoption’ (www.forced-adoption.com).

**Cognitive Ability Profile**

A set of psychometric ability assessments (see Figure 1) helped to unravel the tragic reasons why this chilling re-victimisation crime series succeeded (Kurz, 2016). ‘Twice Exceptional’ characteristics were found where very high IQ was coupled with Dyslexia and very weak auditory memory. Listening comprehension (measured with the Spadafore test) was at the level of a 9 year old making the mother vulnerable to spontaneous and even more so pre-mediated manipulation. The pattern corroborates the disclosures of ‘information processing difficulties’ denied by a Clinical Psychologist.

**Emotional Competency Profile**

A series of personality questionnaires was completed. MCMI-III results were very misleading as the Delusional and Thought Disorder scales share many items (poor psychometric practice) that would truthfully be endorsed by anyone trying to escape incestuous abuse. A ‘schizoid, schizophrenic, delusional’ diagnosis proffered by Psychiatrists was debunked through type, trait and interest measures. On the EQI (see Figure 2) that measures emotional competencies the mother came out as possessing higher Emotional intelligence than about 75% of the population, the Stress Management Composite was in the average range and Reality Testing score was high - making the presence of ‘delusions’ rather unlikely.

**Somatoform Dissociations**

The mother reported incidents of ‘not hearing’ and ‘not seeing’ which were dismissed by mental health professionals with antiquated views. Nevertheless corresponding items in the Dissociative Experiences Scale (DES) were not endorsed – presumably as these experiences were primarily historical. A 4 day memory amnesia at age 20 was disclosed where all biographical memory was inaccessible. When ordinary memories returned they were accompanied by gradual release of chilling abuse memories. Health records made numerous references to memory difficulties as well as other dissociative symptoms.

The mother had worked through numerous previously hidden memories on her own. Due to the ‘memory work’ she could express herself previously hidden matters on their own. The received wisdom is that long-term trauma therapy is required to dissolve complex trauma. However in recent years interest has increased in the use of energetics based therapy.

**Energetics Therapy**

Often individuals seek therapy when they realise that something is wrong but cannot work through matters on their own. The received wisdom is that long-term trauma therapy is required to dissolve complex trauma. However in recent years interest has increased in the use of energetics based therapy.

Hawkins developed a technique called Applied Kinesiology ‘Muscle testing’ that can inform diagnosis, therapy and healing. Energetics can be used to bring about profound healing for those who have repressed severe trauma. This method has many advantages in that parts of it are easily learned, it is non-invasive, has no side effects, gives patients control over their reactions, eliminates triggers and offers healing. In a case that stemmed from extreme abuse of ancient, commercial and high-tech varieties muscle testing and energetics therapy lead to a remarkable recovery.

**Conclusion**

Mental health professionals need to learn to recognise somatoform dissociation symptoms, understand advances and limitations of psychometric assessment tools, appreciate energetics approaches as an adjunct to other intervention methods and gain an insight into the origins of complex trauma.

**References**